

CELLS

All cell's structure and functions are built from or run on nutrients.
They are the basic unit of life. When someone asks you who you are,
you can say I am a collection of 100 trillion cells.

When our cells are Nutrient Deficient we go on a Downward Spiral.

Nutrient Deficiency

(we need a full spectrum of nutrients for energy)



Cellular Inefficiency

(without full spectrum of nutrients our cell energy is diminished)



Organ Inefficiency

(mal-digestion, malabsorption, decreased circulation, immune, detoxification, vitality)



Detoxification Impaired

(cells fatigued, repair and rebuilding capacity reduced)



Further Organ Impairment

(Systems Innate Intelligence Impaired)



Inability to repair and rebuild

(degeneration)



Organ/System Dysfunction

(subtle or dramatic indications)



Subclinical Symptoms

(Primary Issues, Symptoms on NAQ)



Disease

(Cellular, Organ, System, Organism Breakdown)

Your answer for when someone asks What does nutrition have to do with my blood pressure, my headaches, my depression, my heart disease, , my acne, ,my cancer, my autoimmune, my sinus infection, my infertility, my chronic muscle spasms, my